

2025 HILLIARD DISTINGUISHED LECTURE IN HUMAN PERFORMANCE

Sponsored by the Huffines Institute



Andrew C. Fry, PhD

Former Director of Jayhawk
Athletic Performance Laboratory
University of Kansas (ret.)

Winning and Losing in Sports: What the World of Animal Biology Can Tell Us?



Wednesday, October 08, 2025
4:00 pm – 5:00 pm
105 Gibb Gilchrist Building

The 2025 Hilliard Distinguished Lecture in Human Performance is given by Andrew C. Fry, PhD. He is the Professor Emeritus in the Department of Health, Sport, and Exercise Sciences at the University of Kansas. He received his Masters in Exercise Science from the University of Nebraska – Lincoln and his PhD in Exercise Physiology from Pennsylvania State University. He recently retired as the Director of the Jayhawk Athletic Performance Laboratory (JAPL) at The University of Kansas.

Dr. Fry specializes in resistance exercise, skeletal muscle physiology, endocrine responses & adaptation to exercise, and overtraining with particular emphasis on understanding the complex interactions between muscle physiology and endocrine systems to optimize athletic performance.

For more information, please contact
Dr. James Carson at jamescarson@tamu.edu