

2025 Hilliard Distinguished Lecture in Athletic Training

Sponsored by the Huffines Institute



***Brendon McDermott,
Ph.D., ATC***

*Associate Professor
Health, Human Performance &
Recreation Department
University of Arkansas*

**Wednesday,
September 3, 2025
4:10 pm
Gilchrist Building,
Room 105**

Physiology for Saving Lives and Winning Competitions

The 2025 Hilliard Distinguished Lecture in Athletic Training, sponsored by the Huffines Institute, features **Dr. Brendon McDermott**. He is an Associate Professor and Clinical Education Coordinator in Health, Human Performance, and Recreation at the University of Arkansas. He received his PhD in Exercise Science from the University of Connecticut, his M.S. in Kinesiology from Indiana University, and his B.S. in Athletic Training from Northeastern University. He is core faculty member for the athletic training and exercise science programs and teaches in the Master of Athletic Training program. He has authored more than 70 peer-reviewed publications and delivered over 90 professional presentations. Dr. McDermott supervises the Thermoregulation, Fluid Balance, and Renal Physiology Lab. He studies preventive measures and treatment modalities for heat illness, hydration behaviors, and fluid balance factors, as well as the interaction between beverage consumption, heat, and work stress on the kidneys. He is a member of the medical and science advisory board of the Korey Stringer Institute and is a Research Fellow of the American College of Sports Medicine. He is also an active member of the National Athletic Trainers Association.

For questions or more information, James Carson | jamescarson@tamu.edu